

## Daily Prayer: A Place to Start

**Jesus taught us to pray to the Father in Jesus' name by the power of the Holy Spirit.**

We should approach it this way...

**Pray to your Heavenly Father:** We pray to the Father in Jesus' Name, and we can ask, require, call for and request anything from Him according to His will.

**Talk to the Lord Jesus:** We don't 'pray' to Jesus, not technically, but we can talk to Jesus. Just as the disciples did not pray to Jesus but they talked, traveled, listened to, and learned from Him – just as they lived life with Him – so can we. Remember, Jesus is our advocate to the Father. Even now, Jesus is at the right hand of the Father making intercession for us.

**Commune with the Holy Spirit:** Again, we don't technically 'pray' to the Holy Spirit, but we do talk and commune with Him. He lives within us, and we can have fellowship with Him. We can get to know Him. We can hear His voice, we can understand His direction, His guidance, and His confirmation of truth.

Use the Model Prayer that Jesus gave us as a guide:

Matthew 6:9-13

<sup>9</sup>In this manner, therefore, pray: Our Father in heaven, hallowed be Your name.

<sup>10</sup>Your kingdom come. Your will be done on earth as *it is* in heaven.

<sup>11</sup>Give us this day our daily bread. <sup>12</sup>And forgive us our debts, as we forgive our debtors.

<sup>13</sup>And do not lead us into temptation, but deliver us from the evil one.

For Yours is the kingdom and the power and the glory forever. Amen.

Begin with worship, praise, and thankfulness – for His love & mercy, His goodness & grace, for all He has given you – whatever comes to your mind!

Pray His will would be done in you and in your life.

Pray for whatever needs you have – provision of any kind, financial, physical, emotional, relational – situations and circumstances.

Think about any areas of your life that you have fallen short and ask Jesus' forgiveness. Then think about any one or anything in your life that you need to set things straight, make right, and pray the Lord would help you to settle that.

Pray that you would not walk in sinfulness, but that you would walk according to His righteousness and according to His holy ways.

Close by expressing your desire that everything in your life would be yielded over to Him. Everything is His for He is worthy of it all – all praise and all honor. His is the kingdom, the power and the glory forever.

All this I pray in Jesus' name! AMEN.